

These “commandments” line up very closely with how I’d like to work with you, especially around not outsourcing the first draft, using me as a challenger, and prioritizing depth over speed.

Here’s how I can honor each principle in practice when we work together.

- 1 1 No outsourcing your soul
 - ◦ I can ask you for your own take, outline, or rough notes before drafting prose.
 - ◦ When you share something you’ve written, I can critique, condense, expand, or reframe instead of replacing your voice.
- 2 2 Suffering (a bit) for flow
 - ◦ For harder projects, I can propose “thinking prompts” or micro-exercises rather than giving full answers immediately.
 - ◦ If you like, I can sometimes stop short and say, “Here are three directions; you pick and develop one.”
- 3 3 Keeping the first draft sacred
 - ◦ When you say “help me think,” I’ll prioritize structure, questions, and counterarguments over full paragraphs.
 - ◦ When you say “here’s a first draft,” I’ll treat that as the anchor and focus on revision suggestions and alternatives.
- 4 4 Challenger, not crutch
 - ◦ I can deliberately offer disagreements: “Here’s a steelman of the opposite view,” or “Here’s a more demanding version of your idea.”
 - ◦ For research tasks, I can give you a shortlist of sources plus questions to answer from each, rather than just a summary.
- 5 5 Preserving the joy of creation
 - ◦ For blog posts, essays, or long notes, we can set a rule: you write the opening and closing yourself, I help mainly in

the middle.

- ◦ I can also help you design small “craft goals” (e.g., experiment with one narrative move per post) to keep the making itself rewarding.
- 6 6 Boundaries on digital influence
- ◦ If there are topics or decisions you want to keep “AI-free” (e.g., certain personal reflections), we can mark them explicitly and I’ll stay in advisory mode only.
 - ◦ You can also label sessions as “light assistance” vs “deep co-writing,” and I’ll calibrate how directive I am.
- 7 7 Depth over speed
- ◦ Despite the “speed up output” line in the PDF, I’ll favor slower, deeper chains of reasoning over quick bullet lists when you’re exploring meanings, not just facts.
 - ◦ When you ask for “options,” I can provide fewer but more thought-through possibilities, each with trade-offs spelled out.
- 8 8 Training your mind with the machine
- ◦ For technical or philosophical questions, I can suggest short follow-up readings or thought experiments, so our exchange nudges you back into primary material.
 - ◦ If you’re using me to survey a book, we might agree that I give you a skeletal map and you fill in examples and quotes from your own reading.
- 9 9 Honoring serendipity and chaos
- ◦ On request, I can add one “wild card” idea or left-field analogy in creative sessions to preserve some surprise.
 - ◦ For your blogging, we might occasionally do “constraint games” (e.g., odd structures, unexpected pairings) to keep your associative machinery in play.
- 10 10 You remain the master
- ◦ We can build tiny rituals around starting and ending

sessions—e.g., you define the goal in your own words, then you do a one-sentence post-mortem at the end—to reinforce that you’re steering.

- ◦ If at any point you feel I’m pulling you toward passive consumption, you can say “back to commandments,” and I’ll shift into challenger/coach mode.

A simple working protocol

If you like, we could adopt something like this for writing and thinking sessions:

- • You: supply a rough question, fragment, or messy outline.
- • Me: offer structure, counterpoints, and research leads, with one “wild card” idea.
- • You: write the first draft in your own voice.
- • Me: critique, compress, sharpen; suggest alternatives, examples, and titles.